Fabric requirements

Approximately 6 yards (5-1/2 mts) Top Fabric
Approximately 6 yards (5-1/2 mts) Backing
Approximately 3 yards (2-3/4 mts) Batting

Note: You will also need to make a couple of fabric sandwiches (top batting backing) for practice, this fabric is not included in the requirements for the quilt.

<table>
<thead>
<tr>
<th>Fabric Requirement</th>
</tr>
</thead>
<tbody>
<tr>
<td>Approximately 6 yards</td>
</tr>
<tr>
<td>(5-1/2 mts) Top Fabric</td>
</tr>
<tr>
<td>Approximately 6 yards</td>
</tr>
<tr>
<td>(5-1/2 mts) Backing</td>
</tr>
<tr>
<td>Approximately 3 yards</td>
</tr>
<tr>
<td>(2-3/4 mts) Batting</td>
</tr>
</tbody>
</table>

Note: You will also need to make a couple of fabric sandwiches (top batting backing) for practice, this fabric is not included in the requirements for the quilt.

Cut from Top - Backing & Batting

<table>
<thead>
<tr>
<th>Lessons</th>
<th>Block</th>
<th>Quantity</th>
<th>Cut Size</th>
<th>Finished Size</th>
</tr>
</thead>
<tbody>
<tr>
<td>Lesson 2</td>
<td>A</td>
<td>4</td>
<td>16” x 16”</td>
<td>12” x 12”</td>
</tr>
<tr>
<td>Lesson 4</td>
<td>B</td>
<td>4</td>
<td>28” x 10”</td>
<td>24” x 6”</td>
</tr>
<tr>
<td>Lesson 3</td>
<td>C</td>
<td>1</td>
<td>28” x 28”</td>
<td>24” x 24”</td>
</tr>
<tr>
<td>Lesson 6/7</td>
<td>D</td>
<td>8</td>
<td>19” x 16”</td>
<td>15” x 12”</td>
</tr>
<tr>
<td>Lesson 5</td>
<td>E</td>
<td>1</td>
<td>10” x 16”</td>
<td>6” x 12”</td>
</tr>
<tr>
<td>Lesson 1</td>
<td>F</td>
<td>4</td>
<td>10” x 10”</td>
<td>6” x 6”</td>
</tr>
</tbody>
</table>

Lesson 8 - Assemble the Quilt: Binding 7” - 2-1/2” strips width of fabric.

Layout below to create a finished 60” x 72” Quilt:

**Note:** For the modified 36" 36" quilt follow the lessons 1 (block F), lesson 4 (block B), Lesson 3 (Lesson C), and Lesson 7 for assembly.

---

**Cover Strips**
Cut 1” strips
- 12 x 12-1/2"
- 4 x 6-1/2"
- 2 x 62-1/2"
- 4 x 37-1/2"
- 2 x 24-1/2"

**Cut from Top and Backing**

A  D  E  D  A

D  F  B  F  D

D  B  C  B  D

D  F  B  F  D

A  D  E  D  A

---

**Note:** For the modified 36" 36" quilt follow the lessons 1 (block F), lesson 4 (block B), Lesson 3 (Lesson C), and Lesson 7 for assembly.
If you wish you can of course choose to cut your quilt from different fabrics.

<p>| | | | |</p>
<table>
<thead>
<tr>
<th></th>
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</tr>
</thead>
<tbody>
<tr>
<td>Cut A</td>
<td>4</td>
<td>16&quot; x 16&quot;</td>
<td>Binding 7&quot; - 2-1/2&quot; strips of fabric width</td>
</tr>
<tr>
<td>B</td>
<td>4</td>
<td>28&quot; x 10&quot;</td>
<td></td>
</tr>
<tr>
<td>C</td>
<td>1</td>
<td>28&quot; x 28&quot;</td>
<td></td>
</tr>
<tr>
<td>Cover D</td>
<td>8</td>
<td>19&quot; x 16&quot; Strips</td>
<td></td>
</tr>
<tr>
<td>1/2&quot;</td>
<td>E</td>
<td>4</td>
<td>10&quot; x 16&quot;</td>
</tr>
<tr>
<td>4 x 6-</td>
<td>F</td>
<td>4</td>
<td>10&quot; x 10&quot; 1/2&quot;</td>
</tr>
<tr>
<td>2 x 62-1/2&quot;</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>4 x 37-1/2&quot;</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>2 x 24-1/2&quot;</td>
<td></td>
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</tbody>
</table>

Lesson 1 Block F

How to Learn:
Use the techniques or video based education provided by your educator or store instructor.

**Time:** Videos are approximately 50 min - Recommended Class Time 2.5 hrs

**Skill:** Beginner Level 1

Fabric Prep:

<table>
<thead>
<tr>
<th>Lessons</th>
<th>Block</th>
<th>Quantity</th>
<th>Cut Size</th>
<th>Finished Size</th>
</tr>
</thead>
<tbody>
<tr>
<td>Lesson 1</td>
<td>F</td>
<td>4</td>
<td>10” x 10”</td>
<td>6” x 6”</td>
</tr>
</tbody>
</table>

**Lesson Plan and Templates Used:** The Lesson Plan details below are instructional videos provided by your instore or online instructor.

*Lesson 1 Part 1 ~ 20 min - Machine Set Up for free motion quilting with templates overview*
*Lesson 1 Part 2 ~ 10 min - Template and Fabric Requirements review*
*Lesson 1 Part 3 ~ 20 min - Arc Template Block Design 1 & 2*
*Lesson 1 Part 4 ~ 20 min - Arc Template Block Design Options 3 & 4*
Lesson 2 Block A

How to Learn:
Use the techniques or video based education provided by your educator or store instructor.

Fabric Prep:

<table>
<thead>
<tr>
<th>Cut from Top - Backing &amp; Batting</th>
</tr>
</thead>
<tbody>
<tr>
<td>Lessons</td>
</tr>
<tr>
<td>Lesson 2</td>
</tr>
</tbody>
</table>

**Time:** Videos are approximately 1hr 30min - Recommended Class Time 3 hrs

**Skill:** Beginner Level 1

**Required Materials:** Ruler Foot Starter Set and 6 pc Sampler Set 1, Cross Hair Square

Lesson Plan and Templates Used: The Lesson Plan details below are instructional videos provided by your instore or online instructor.

*Lesson 2 Part 1 ~ 30 Min* - Templates used: Spinning wheels #36, 4” arc template, 12” arc template, 6” spiral
*Lesson 2 Part 2 ~ 10 Min* - Templates used: Spinning wheels #36
*Lesson 2 Part 3 ~ 30 Min* - Templates used: Spin e fex #4
*Lesson 2 Part 4 ~ 20 Min* - Templates used: Spinning wheels #36, Spin e fex #4
Lesson 3 Block C

How to Learn:
Use the techniques or video based education provided by your educator or store instructor.

Fabric Prep:

Create block C of the sampler quilt using the following templates:
- Spinning wheels #36
- 12” arc template
- Spacing gauge

The Lesson Plan details below are instructional videos provided by your instore or web based instructor.

Lesson Plan and Templates Used:
Lesson 3 Part 1 ~ 20 Min
Lesson 3 Part 2 ~ 30 Min

<table>
<thead>
<tr>
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<th>Finished Size</th>
</tr>
</thead>
<tbody>
<tr>
<td>Lesson 3</td>
<td>C</td>
<td>1</td>
<td>28” x 28”</td>
<td>24” x 24”</td>
</tr>
</tbody>
</table>

Time: Videos are approximately 50min - Recommended Class Time 2 hrs
Skill: Beginner Level 1

Required Materials: Ruler Foot Starter Set and 6 pc Sampler Set 1, Cross Hair Square
Lesson 4 - Block B

How to Learn:
Use the techniques or video based education provided by your educator or store instructor.

Fabric Prep:

<table>
<thead>
<tr>
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</thead>
<tbody>
<tr>
<td>Lessons</td>
</tr>
<tr>
<td>Lesson 4 *</td>
</tr>
</tbody>
</table>

*Time:* Videos are approximately 1hr 15min - Recommended Class Time 3 hrs
*Skill:* Beginner Level 1

Lesson Plan and Templates Used: The Lesson Plan details below are instructional videos provided by your instore or online instructor.

*Lesson 4 Part 1 ~ 25 Min - Templates used: Simple Circles, 12” Arc*
*Lesson 4 Part 2 ~ 15 Min - Templates used: Clamshell*
*Lesson 4 Part 3 ~ 15 Min - Templates used: Clamshell*
*Lesson 4 Part 4 ~ 20 Min - Templates used: Clamshell, Simple Circles*
Lesson 5 - Block E

How to Learn:
Use the techniques or video based education provided by your educator or store instructor.

Fabric Prep:

<table>
<thead>
<tr>
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<th>Block</th>
<th>Quantity</th>
<th>Cut Size</th>
<th>Finished Size</th>
</tr>
</thead>
<tbody>
<tr>
<td>Lesson 5</td>
<td>E</td>
<td>4</td>
<td>10&quot; x 16&quot;</td>
<td>6&quot;x12&quot;</td>
</tr>
</tbody>
</table>

Time: Videos are approximately 1hr 15min - Recommended Class Time 2.5 hrs
Skill: Beginner Level 1

Lesson Plan and Templates Used: The Lesson Plan details below are instructional videos provided by your instore or online instructor.
Lesson 5 Part 1 ~ 25 Min - Templates used: 6” Spiral
Lesson 4 Part 2 ~ 15 Min - Templates used: 6” Spiral, 12” Arc
Lesson 4 Part 3 ~ 15 Min - Templates used: 2” Simple Circles
Lesson 4 Part 4 ~ 20 Min - Templates used: 12” Arc

Part 1

Part 2

Part 3

Part 4
Lesson 6 - Block D

How to Learn:
Use the techniques or video based education provided by your educator or store instructor.

Fabric Prep:

<table>
<thead>
<tr>
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</tr>
</thead>
<tbody>
<tr>
<td>Lessons</td>
</tr>
<tr>
<td>Lesson 6</td>
</tr>
</tbody>
</table>

Time: Videos are approximately 45 min - Recommended Class Time 2 hrs

Skill: Beginner Level 1

Lesson Plan and Templates Used: The Lesson Plan details below are instructional videos provided by your instore or online instructor.

Lesson 6 Part 1 (Block Designs 1)- Templates: 6” Spiral, 4” Arc, 12” Arc
Lesson 6 Part 1 (Block Designs 2)- Templates: 6” Spiral
Lesson 6 Part 2 (Block Designs 3)- Templates: 12” Arc
Lesson 6 Part 2 (Block Designs 4)- Templates: 12” Arc

Part 1

Part 2

Part 3

Part 4
Lesson 6 - Block D Continued

**Time:** Videos are approximately 1hr min - Recommended Class Time 3 hrs

**Skill:** Beginner Level 1

**Lesson Plan and Templates Used:** The Lesson Plan details below are instructional videos provided by your instore or online instructor.

*Lesson 6 Part 5 (Block Designs 5)* - Templates: 12” Arc
*Lesson 6 Part 6 (Block Designs 6)* - Templates: 6” Spiral
*Lesson 6 Part 6 (Block Designs 7)* - Templates: 2” Simple Circle
*Lesson 6 Part 7 (Block Designs 8)* - Templates: 12” Arc, 4” Arc, Spin E Fex #4

<table>
<thead>
<tr>
<th>Part 1</th>
<th>Part 2</th>
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<tbody>
<tr>
<td><img src="image1" alt="Part 1 Image" /></td>
<td><img src="image2" alt="Part 2 Image" /></td>
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</table>

<table>
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<tr>
<th>Part 3</th>
<th>Part 4</th>
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<tbody>
<tr>
<td><img src="image3" alt="Part 3 Image" /></td>
<td><img src="image4" alt="Part 4 Image" /></td>
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</tbody>
</table>
Lesson 7- Finish Block C & Final Quilt Assembly

This is the final Lesson in the Westalee Design Family Ruler Work Quilt Class. In this Lesson we will put the quilt together and finish Block C Quilting.

**Time:** Videos are approximately 45 min - Recommended Class Time 3 hrs  
**Skill:** Beginner Level 1

**Recommended Tools for this final class:**
- Westalee Bound to Fit - Binder Tool
- Westalee Seam Gauge, Guide, and Stiletto
- Sampler Templates: Spiral & Simple Circle

The Lesson Plan details below are instructional videos provided by your instore or online instructor.

**Lesson Plan and Templates Used:**

*Final Assembly- Part 1- (25 Min) – Finish Block C Templates used Spiral and Simple Circle*

*Final Assembly- Part 2- (10 Min) – Final Quilt Assembly Video*

Instructor to also provide final assembly written instruction.

We hope you have enjoyed learning how to use Rulers and Templates for quilting. Looking for you next Block of the Month or Class Project:

Contact us at 800-837-3261 or info@sewsteady.com to learn about New Projects and Free Projects available.